

The personal development road is an invitation sent to all, but recognized by few. Those on the PD road oftentimes are somehow invited into a special banquet hall to take a sneak peek at what is possible. This glimpse invites those rare questions that most people simply don't ask themselves. What if I decide to set and reach higher goals? What if I decide to go for my dreams? What if I can change certain unpleasant things about myself? What if I can significantly make a difference in the lives of others? It is from this special sneak preview and these new questions that a new life begins to evolve. Why? Because of your new vision and possibilities. Yes, it can be said Personal Development opens up a whole new world of potential and possibilities for you and for those you affect.

QUESTIONS FOR REFLECTION:

Q. Are you ready—really ready? Are you tired of being where you are and excited to get where you want to be? _____

Q. Will you make the commitment to read? Think about one great book you have read and the changes it brought about in your life. Now imagine what this next year is going to do for you!

Q. If personal development is whole life, then which area of your life is in the best shape? Which is the worst? Take some time to think through where you are so you can evaluate where you stand and how you are going to grow in the next year. _____

4. Celebrate the fact that you have accepted the invitation to go on the journey of self-growth and personal development. Regardless of the challenges you may be facing, today is a new day, the beginning of infinite possibilities. As I have said, "You cannot change your destination overnight, but you can change your direction." Congratulations on taking that step.