

What are your dreams and goals? Not related to the past or what you think you can get, but what you want. Have you ever sat down and really thought through your life values and decided what you truly want? This isn't something someone else says you should have or what culture tells us successful people do or have. These are dreams and goals born out of your own heart and mind, unique to you, and come from who you were created to be and gifted to become.

QUESTIONS FOR REFLECTION:

Q. Do you know what your dreams are? Can you articulate them easily?

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Q. Do you have a regular quiet time to get in the state of mind to listen to your heart?

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Q. Do you have a prioritized list of your dreams with goals attached?

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